Commonwealth of Virginia
BOARD FOR BARBERS AND COSMETOLOGY
June 2019

Master Permanent Cosmetic Tattooing
Candidate Information Bulletin

Examination Content/CIBs Developed and Owned© by:
National-Interstate Council of State Boards of Cosmetology (“NIC”)
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Quick Reference

STEP ONE: READ CANDIDATE INFORMATION BULLETIN

- Create account and start application process
- Submit required documents to PCS as directed

STEP TWO: TAKE EXAMINATION

- Upon approval from PCS, schedule and take Theory Examination with Prometric

CONTACT INFORMATION

Professional Credential Services (PCS)  
Regular Mailing Address  
Attn: Virginia Cosmetology  
P.O. Box 198768  
Nashville, Tennessee  37219-8768  
Customer Service:  (888) 822-3272  
Fax:  (615) 846-0153  
Email:  cosandbar@pcshq.com  
Website:  http://www.pcshq.com

Virginia Department of Professional and Occupational Regulation  
9960 Mayland Drive, Suite 400  
Richmond, Virginia 23233  
Phone: (804) 367-8509  
Fax: (866) 245-9693  
Web site:  www.dpor.virginia.gov  
Email:  bchoplicensing@dpor.virginia.gov

Prometric  
Scheduling: (800) 895-3926  
Website:  www.prometric.com

Candidate creates an account; completes online registration; and then uploads desired application and required documents from the VA Cosmetology Forms page at www.pcshq.com.

PCS reviews application and documentation.

PCS approves candidate for testing.

PCS notifies candidate via e-mail of any deficiencies with application.

Candidate submits missing information to PCS.

Candidate takes examination.

PCS e-mails official score notice to candidate within 10 business days after exam.

PCS electronically notifies VA State Board office when candidate has met licensing requirements.

Candidate submits Licensure Fee Notice to DPOR upon receipt of Notice Of Completion from PCS.

VA State Board issues license to candidate.
Introduction
The Candidate Information Bulletin (CIB) is intended to help you to prepare and to understand the processes and procedures for applying for licensure and for scheduling your examination(s). The Virginia Board for Barbers and Cosmetology (the “Board”) is responsible for licensing and regulating the profession of Master Permanent Cosmetic Tattooing in the Commonwealth of Virginia. The Board has contracted with Professional Credential Services (“PCS”) to provide administrative examination services. The Board, through PCS, will exclusively use the National-Interstate Council of State Boards of Cosmetology (“NIC”) examinations. PCS first requires that candidates create an account and then submit an online Examination and License Application (“Application”). This is required to determine your eligibility for testing. Any questions regarding your application or eligibility should be directed to PCS. The State Board will have the final authority to approve the issuance of a license.

State Licensure Requirements
In order to receive a Master Permanent Cosmetic Tattooing license in the Commonwealth of Virginia, you must pass the NIC Theory examination within one year of the date of your first examination. You must also meet ONE of the following requirements:

1. Completion of a master permanent cosmetic tattooing training program. Required Documentation: Completed Training and Experience Verification Form, which you can download from PCS’ website, complete as directed and upload to your PCS account.

Examination Fees
Please carefully review this CIB and Virginia’s state laws, rules and regulations prior to starting the application and paying fees.

<table>
<thead>
<tr>
<th>Examination Type</th>
<th>Examination Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Theory</td>
<td>$92</td>
</tr>
</tbody>
</table>

During the on-line registration process, you will be prompted to pay your fees at the appropriate place within the registration. Fees may be paid online with a credit card (MasterCard, Visa or Discover) or call 1-888-822-3272 in order to submit your fees via money order or certified check by requesting an invoice.

Refund Policy
- Candidates who are determined to be ineligible or who are determined to be eligible for licensure without testing will be issued a refund, less the registration processing fee of $10.
- Candidates who withdraw from the theory examination within five days prior to the scheduled day of testing will be issued a refund, less the registration processing fee of $10.
- Candidates who do not show for any scheduled examination forfeit all fees paid, unless an accident or medical emergency occurs (which will require official documentation prior to a refund being issued).
• All refunds are issued to the cardholder and credit card under which payment was initially made.

**Special Accommodations**

If you require special accommodations under the Americans with Disabilities Act, you must submit an ADA Request Form along with supporting medical documentation. You may download a copy of this form by going to the *Forms Section* of the Virginia Cosmetology page at [http://www.pcshq.com](http://www.pcshq.com).

**Criminal Convictions**

Any Candidate that has a conviction as an adult must indicate this on their application and submit a Criminal Conviction Reporting Form and a State Police Report requested within the last 3 months by uploading to their home page. Juvenile convictions do not need to be reported on the application.

**First Time Candidates**

**Application Requirements**

Once an online registration has been completed with PCS, the following items must be uploaded to your account with PCS:

1. **A current 2” x 2” passport color photo** taken within the last six months to reflect your current appearance. It must be sized so that your head is approximately 1 inch from the bottom of the chin to the top of the head. It must be taken in front of a plain, white background and be a full-face view, directly facing the camera with a neutral facial expression. Selfies are not accepted. If these requirements are not met, you will receive notification that you need to submit a new photo and your application will remain incomplete until the photo meets the requirements.

2. **Examination Agreement Form**: Please select a practical location and sign the Informed Consent and Waiver Agreement section. Once completed, please upload this Agreement to your account. This form can be found under Virginia’s *Forms* section online at [www.pcshq.com](http://www.pcshq.com).

3. **A copy of Social Security Card or VA DMV Photo ID (Driver’s License)**. Please upload the document that matches what you provided on the DPOR application.

4. **Any required documents that coincide with your method of applying for Licensure (i.e. Virginia education requires Training and Experience and Verification form)**.

*Individuals with criminal convictions as an adult are required to submit a Virginia State Police Criminal History Report and a criminal conviction reporting form ([which you can download from the forms section on PCS’ website](http://www.pcshq.com)). The report must include all pages (including the cover sheet) and contain a red stamp. The report may be uploaded to your PCS account if it is in color, to depict the red stamp. Photos of documents will not be accepted.*
If you are not approved because of an incomplete application, discrepancies, missing documentation, including signatures, you will be contacted by PCS and your application will be pending until you make the necessary and requested corrections. If you mail any documentation separate and apart from the application to PCS at the address located on page 3 of this Candidate Information Bulletin (CIB), please also make note of this on your home page within your PCS account.

If any document listed above be under a different name than the name provided on your application, legal documentation of name change (i.e., marriage certificate, divorce decree, petition for name change) may be uploaded to your PCS account.

**Expired License**

**How to Reinstate an Expired License**

1. If your license has been expired for **less** than two years, contact the Board at (804) 367-8509.
2. If your license has been expired for **more** than two years, apply directly with PCS and follow the prompts. You will be required to take both the current theory and practical examinations again.

**Endorsement License Requirements**

If you hold a license in a state other than Virginia, contact the Board at (804) 367-8509.
Online Application Process (Purchasing One Application)

Once you ready to complete the Virginia online application, please follow the steps below.

**Step 1:** You may go online [www.pcsdq.com](http://www.pcsdq.com) to begin your application process.

- Click Applicants and Candidates
- Click Cosmetology and Barbering
- Click Virginia. You will be directed to a new webpage

![Image](image1.png)

**Step 2:** Select **Purchase Examination(s).** Then select your application type and your profession.

![Image](image2.png)

**Step 3:** To **purchase a single application**, you must select your **examination type** then **Add to cart.** Once you have reached your shopping **cart**, you may proceed to checkout.
Step 4: Review your order information in your cart. If correct, select **Proceed to Checkout**. If incorrect, you may make corrections at this time by selecting **Update cart**.
**Step 5: Complete Billing Details**

![Billing details form]

**Step 6: Select your Method of Payment** (Credit Card or e-check) and enter in all required information. Then select Place Order. Please check your email for a receipt for your purchase.
Step 7: Select **Submit Application** to complete your online application. You must submit your completed online application before uploading any additional required documents. If you would like to complete your online application at a later date, you may log out. When you are ready to complete your online application, you must log in to your account. Select **My Applications** to view your pending application then select **Submit Application**.

![Order received](image)

Step 8: Complete your online application. Once you have completed your online application, check your email for a list of all required documents needed to gain Licensure in the state of Virginia.

![Cosmetology or Cosmetology Instructor Examination and License Application - Practical and Theory Exam](image)
Step 9: Once your application has been submitted, you will receive an email with a list of additional documents you must upload into your account. You may access the documents through the email or you may select Additional Forms to access the documents. Please check your Junk, Spam or Clutter folders for your email. If you do not receive this email within 24 hours of completing your online application, please contact PCS at vacos@pcshq.com.

Step 10: Once you have completed and scanned all required documents to your computer, select Log in to your account on the email you received with listed required documents.

Step 3: Upload Your Documents

Log in to your account and visit the eCLIPSE portal tab. You'll find designated sections where you can upload your files there.

Please note we can not finish the review of your application until your additional documents have been uploaded.

Please contact us at 1-888-822-3272 for questions or concerns.

Thank you,
Client Coordinator

Email csupport@pcshq.com | Web: www.pcs.com
Tel/Fax: (888) 822-3272

Step 11: Students should Log in to their account then select Upload to upload all required documents into their PCS account.
Once all required documents have been uploaded onto your PCS account, please allow at least 5 business days for your Virginia Coordinator to review your documents for completeness and accuracy. You will receive an email once your submitted documents have been reviewed.
Completing an Online Application Purchased by Your School (if you purchased your own exam, skip to page 22)

Step 1: If your school has purchased your online application, you will receive an email. Click the Confirmation link in your Invite Email

This will give you Cosmetology Students (Practical and Theory Exams) access.

Please click the confirmation link below to sign up for an account and accept your invite.

Click here to join Mrs. Kings 2019 Class

Email: econard@cosho.com | Web: www.cosho.com
Toll-Free: (888) 852-3272

Step 2: Enter required information to register and click Register once completed

Step 3: Select Join Class
**Step 4:** Select **Get Your Exam** from the Applicant Home Page.

Success! You are now a student of TKing’s Test 2018.

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**Step 5:** Review Profession then select **Add to cart**. The chosen Examination Type should have a price of **$0.00**.
**Step 6:** Review the order information and click **Proceed to checkout.**

**Step 7:** Enter in required fields in Billing Details then select **Place order.** Please note for Billing Details, you should enter in your name, address, email address, etc. Do not enter your school’s information.
Step 8: Select **Submit Application** to complete the application

Step 9: Once an application has been successfully submitted you will see **Limit Reached** under **My Applications**.
Step 10: Once your application has been submitted, you will receive an email with a list of additional documents you must upload into your account. You may access the documents through the email or you may select Additional Forms to access the documents. Please check your Junk, Spam or Clutter folders for your email. If you do not receive this email within 24 hours of completing your online application, please contact PCS at vacos@pcshq.com.

Step 11: Once you have completed and scanned all required documents to your computer, log in to your account and select Upload to upload all required documents into your PCS account.

Step 12: Select PCHQ Portal. Then select Launch the Portal to access your PCS homepage to view your application status.
Application Approval Process

Once your online registration has been completed and payment has been made, a system generated email will be sent to your email to confirm completion of your registration and that payment has been made. Complete and upload your DPOR application onto your PCS account. PCS will then review your DPOR application and enter any requirements which may be pending, no later than five business days after completion of your application. If PCS receives an application or a required document which is incomplete or completed incorrectly, PCS will notify you via email and your file will remain pending until all necessary information has been received.

Examination Notification

Once your application has been approved, PCS will forward the following notifications via e-mail.

1. A Theory Authorization to Test (ATT) letter will be sent via email within one business day.

! If you do not receive any emails within the time frame listed above, it is your responsibility to check your PCS account and reprint this information. If you are unable to access your account, it is your responsibility to contact PCS at (888) 822-3272.

PCS Candidate Homepage

Application Status

You may check the status of your online registration 24/7 by logging into your PCS account. As items are received, green check boxes will appear under the Application Approval Requirements section of the Active Applications box. Documents can also be mailed to PCS at: Attn: Virginia Cosmetology, P.O. Box 198768 Nashville, TN 37219, but will take longer to process.
How do I know if my application is approved?

If an application has been approved, a green check will appear in the Final Review Box under Active Applications and you will also receive an email notifying you that your application has been approved.

![VA Cosmetology](image)

Examination Scheduling

Theory Examination Scheduling

Upon receipt of your ATT letter, you may request to take the theory examination by logging onto the Prometric website at [www.prometric.com](http://www.prometric.com). Select SCHEDULE MY TEST and follow the prompts given for each screen. You will need to enter your eligibility number (identified as Candidate ID# on your ATT) listed on your letter. You can also contact Prometric’s Toll-Free Telephone Support at (800)895-3926.

Theory Examination Rescheduling Policy

You may reschedule your theory examination without forfeiting your fee by contacting Prometric at least 5 business days prior to your scheduled date. Fees will be forfeited if you attempt to reschedule in four or less days prior to your scheduled examination. You can call Prometric’s automatic system at (800)895-3926 using a touch-tone phone (24 hours a day) to cancel or reschedule your examination.
Examination Rescheduling

If the student missed or failed an examination, they may reschedule online with a credit card by logging into their pcs account. Select My Applications Then Repurchase Exam.

Order received

Thank you. Your order has been received.

ORDER NUMBER: 1187 | DATE: November 28, 2018 | EMAIL: terraciaking+9@gmail.com | TOTAL: $185.00 | PAYMENT METHOD: Credit Card

My applications

App ID: 198763 | Purchased November 28, 2018
Cosmetology or Cosmetology Instructor Examination and License Application - Practical & Theory
Uploaded File | Repurchase Exam

Inclement Weather Policy

In the event of inclement weather or similar emergency, a scheduled examination may be canceled or delayed. However, this decision is made only in rare instances and at the discretion of PCS and/or Prometric. If a test center is open for testing, and the location you will be driving from is hazardous, please contact PCS immediately in order to not forfeit your fees. PCS will verify the information you have provided and reschedule you for the next practical examination in your chosen location. If you have reason to question whether or not a center will be closed due to an emergency, please call PCS, or check both the PCS and Prometric web sites for inquiries regarding the closure of any sites for the theory examination.
Examination Day Requirements
What do I need to take with me to the examination?

- ATT Letter (theory) printed and/or via electronically on your phone is acceptable.
- One (1) form of identification – see list below

! If you fail to present proper identification, you will not be permitted to test and a rescheduling fee will be required. **NO EXCEPTIONS**

Acceptable Forms of Identification for Exam Day *Your Identification must match the name on your application and exam registration.*

**Primary ID** (current, non-expired Government Issued ID) **Photo copies will not be accepted**

- State issued Driver’s License
- State issued Identification Card
- US Government issued Passport
- US Government issued Military Identification Card
- US Government issued Alien Registration Card

! Student ID and employment ID are NOT acceptable forms of identification.

**Arrival**

! You must arrive at the test center at least thirty (30) minutes prior to your exam time. If you arrive later, you will not be permitted to test and a rescheduling fee will be required.
General Examination Policies

Security Policy

Suspected security breaches during either the theory or practical test administrations, such as an act of impersonation, creating a disturbance, giving or receiving unauthorized information or aiding other candidates, attempting to remove test information by any means, possessing prohibited materials or sharing supplies may be sufficient cause to dismiss you from the examination site or to invalidate or cancel your scores. Suspected breaches may be identified by observation or suspicion by the test center staff, or may be evidenced by subsequent statistical analysis of examination materials. PCS reserves the right to investigate each incident of misconduct and your actions will be reported directly to the Board and to NIC. The Board will make all final decisions on examination score invalidations or cancellations.

No visitors, guests or children are allowed in the test center.

Copyrighted Examination Questions

All test questions are the express copyrighted property of NIC. It is forbidden under federal copyright law to copy, reproduce, record, distribute or display these test questions by any means, in whole or in part. Doing so may subject you to severe civil and criminal penalties, including prison incarceration and/or fined up to $250,000 for criminal violations.

Prohibited Items

No food, beverages, purses, notebooks, magazines, backpacks, briefcases, hats, caps, reference books or electronic devices such as cameras, computers or computerized devices, iPods, radios, recording devices, portable fax machines, cellular telephones, calculator watches, reproduction equipment allowed. Smoking or the use of tobacco are strictly prohibited in the examination room. Failure to comply with any of these conditions will result in you being dismissed immediately, and your actions reported to the proper authorities. PCS is not responsible for any personal items brought to the examination site.

Environmental Distracters

Although every attempt is made to provide a quiet and comfortable test environment, noise and room temperature may be an unforeseen and unavoidable distracter. It is suggested that you wear the type of clothing that would allow you to adapt to a cooler or warmer climate at the testing site.
Examination Results

Score Notices
An official score notice will be emailed to you at least 10 business days after your examination date. An unofficial pass or fail notice will be provided to you by Prometric after you take the theory examination. If you do not receive your score within this time frame, you may print a score notice by logging into your PCS account.

State Score Requirements
The minimum score required to pass the theory examination is 75. If you fail an examination, PCS will provide a strengths and weakness report (located at bottom of score notice) and information on how to re-apply online. Once you pass the theory examination, you will receive a Notice of Completion, and a Licensure Fee Notice, which will need to be submitted to the DPOR prior to your license being issued.

State Score Requirements
Once all required examinations have been passed, a final review of your application will be performed in order to ensure that all eligibility documents are complete before your materials are sent to the Virginia Department of Professional and Occupational Regulation (DPOR) for the issuance of your license.

In Virginia, you must take and pass the theory examination within one year of the date of your first scheduled examination. Failure to accomplish this will result in your having to start over as a first-time candidate. In addition, if, after application is made, and you take longer than one year to attempt to schedule any examination, you will forfeit all fees and be required to apply as a first-time candidate, even if your application was approved the first time you applied.
Reprinting Documents
Reprint information concerning your examinations, payment receipts, and/or scores by logging into your Homepage.

- Click **Print Score Notice** option next to item you wish to reprint

<table>
<thead>
<tr>
<th>Pending Examinations</th>
</tr>
</thead>
<tbody>
<tr>
<td>No examinations are pending.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exam Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virginia Cosmetology Practical</td>
</tr>
<tr>
<td>Test Date: 02/20/2017</td>
</tr>
<tr>
<td>Score: 92.00% PASS</td>
</tr>
</tbody>
</table>

**PRINT SCORE NOTICE**

<table>
<thead>
<tr>
<th>Virginia Cosmetology Theory</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test Date: 02/14/2017</td>
</tr>
<tr>
<td>Score: 87.00% PASS</td>
</tr>
</tbody>
</table>

**PRINT SCORE NOTICE**

- Click **Reprint** option next to item you wish to print

<table>
<thead>
<tr>
<th>Receipts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virginia Board of Barbers and Cosmetologists 10791963-12-3-x</td>
</tr>
<tr>
<td>01/12/2017 Credit Card $185.00</td>
</tr>
<tr>
<td>PCS Fee(Theory) = $92.00 10791964-12-3-x</td>
</tr>
<tr>
<td>PCS Fee(Practical) = $93.00 10791965-12-3-x</td>
</tr>
<tr>
<td>(Cash) = $185.00 10791966-12-3-x</td>
</tr>
<tr>
<td>Paid 01/12/2017</td>
</tr>
</tbody>
</table>

**REPRINT**
Change of Information

Complete the Change of Address/Name Form, which can be downloaded in the Forms section of the Virginia Cosmetology page on PCS’ website, www.pcsHQ.com. All applicable areas of this form should be completed in order for PCS to properly locate and update your account.

If you need to update your name, you must provide a copy of your marriage certificate, divorce decree or other court documentation that confirms your name change.

Please upload this document and any other documentation to your account or you can mail to PCS at the address on page 3.

Formal Complaints

Directions

If you have a complaint regarding any aspect of the registration and examination process, you must submit a formal written complaint. Complaints regarding examinations must be mailed or emailed to PCS within 10 days from the date of the event warranting the complaint. Written complaints must include the following information.

- First and Last Name
- Last four digits of Social Security Number
- State in which you are applying for a license
- Examination Date & Location if applicable
- Details of Complaint

Send Complaint to:

Professional Credential Services, Inc.
Attn: Virginia Coordinator/COMPLAINT
P.O. Box 198768
Nashville, Tennessee 37219-8768

Complaint Review Process
Upon receipt of your complaint, PCS will thoroughly review all necessary information. A reply will be sent to you within 5-7 business days.

**Examination Guidelines**

**Dress Code**
You should dress professionally, as you would when you are working in a shop. You are not allowed to have your name, your school name, or a shop name on your professional attire or kit.

Please see the attached NIC Candidate Information Bulletin (CIB) for details on what you will be tested on for your theory examination, and references used for the examination.

**Theory Examination**

The Master Permanent Cosmetic Tattooing NIC Theory Examination will be given in English only.

The Master Permanent Cosmetic Tattooing NIC Theory Examination includes Virginia State Laws and Regulations.

10 Virginia State questions are included within the Virginia NIC Theory Examination.

The reference for these questions are found in the Virginia Board for Barbers & Cosmetology Regulations, 18 VAC 41-20, February 1, 2017:


Please note that the Virginia State Law questions are only provided in English.

Best wishes on passing your examination and a successful career in your chosen profession!
The National Advanced Practice Micropigmentation examination is the national licensure examination for AP Micropigmentation, which is developed and administered by the National-Interstate Council of State Boards of Cosmetology (NIC). This Candidate Information Bulletin includes the content outline covered by the NIC National Advanced Practice Micropigmentation examination, sample questions and answers. The time allowed for the Advanced Practice Micropigmentation written examination is 90 minutes.

<table>
<thead>
<tr>
<th>SCIENTIFIC CONCEPTS</th>
<th>40%</th>
</tr>
</thead>
</table>

**Knowledge of Infection Control**
- Pathology and Microbiology
  - Bacteria
  - Virus
  - Fungi
  - Parasites
- Prevention of cross contamination and disease transmission procedures
  - Levels of infection control
  - Personal immunization
  - OSHA blood borne Pathogen Standards and Universal precautions

**Knowledge of the Structure of the Skin**
- Epidermis
- Dermis
- Subcutaneous layer

**Knowledge of the Structure of Various Tissue**
- Mucosal (i.e., lip and eye)
- Scar
- Breast

**Knowledge of Human Physiology/Anatomy**
- Nervous system
- Vascular system
  - Blood
  - Lymph
- Muscles of the head and face
- Glands of the eye

**Knowledge and Recognition of Disorders, Anomalies, and Diseases of the Skin**

**Knowledge of Safe Use and Storage of Equipment and Supplies**
- Documentation
  - Material Safety Data Sheets
  - Manufacturer’s instructions
  - Exposure control plans
- Single-use supplies

**Knowledge of Storage and Care of Pigment**
- Expiration
- Mixing
- Rehydration

**MICROPIGMENTATION PROCEDURES**

**Knowledge of Client Communication and Documentation**
- Record keeping and documentation
  - Client history and record
  - Informed consent
  - Photo documentation
  - Supply and equipment documentation
  - Post care instructions
- Client consultation
  - Procedure and expectations
  - Skin typing/classification
  - Contraindications
  - Allergies

**Knowledge of Skin Preparation**
- Selection of appropriate antiseptic
- Specific preparation for eye and lip procedures
- Topical anesthetic

**Knowledge of Color Theory and Correction**
- Pigment and skin undertone
- Titanium dioxide
- Organic and inorganic
- Ink vs. pigment
- Methods of pigment lightening
- Characteristics of pigment

**Knowledge of Pre-application Procedure for Client Approval**
- Design, pattern, or shape on client
  - Measurement
  - Symmetry
- Appropriate materials
- Color selection

**Knowledge of Micropigmentation Application Procedures and Equipment**
- Needle selection
- Lining
- Shading
- Long term maintenance (e.g. laser)
- Repigmentation

**SIDE EFFECTS AND POSSIBLE COMPLICATIONS OF TREATMENT**

**Knowledge of Side Effects and Possible Complications of Treatment**

**SAMPLE QUESTIONS**

The following sample questions are similar to those on the NIC AP Micropigmentation Written Examination. Each question is followed by four answer choices. Only one choice is correct. Correct answers are listed following the sample questions.

1. Cross contamination is greatly reduced by
   a. receiving immunizations.
   b. practicing asepsis.
   c. using an aerosol disinfectant.
   d. using barrier film and gloves.

2. While working with clients, what is one of the most important hazards for a technician?
   a. Mold
   b. Fungus
   c. Airborne pathogens
   d. Bloodborne pathogens

3. Implanted pigment within the deeper reticular dermis will cause
   a. graying.
   b. bluing.
   c. melanin.
   d. keratin.

Revised 11/2008
C. Revised 05/2008
Ref. Rev. 10.2014
4. To understand color theory as it applies to micropigmentation, the technician must
   a. know pigmentation formulations.
   b. understand the color will appear softer.
   c. work in florescent light.
   d. have knowledge of pigment and skin tone.

5. Scars that usually respond well to repigmentation are
   a. vitiligo.
   b. pale and flat.
   c. hypertrophic.
   d. keloid.

6. What is the palpebral?
   a. The inner canthus of the eye
   b. A fold of skin over the eye
   c. A mucous membrane
   d. The tear duct

7. Verruca is the technical term for
   a. mole.
   b. cyst.
   c. skin tag.
   d. wart.

8. What is the main reason for keeping formula records when mixing colors?
   a. Insurance purposes
   b. Future appointments
   c. Physicians records
   d. Manufacturer’s requirements

9. A physical disorder from hyper-sensitivity to substances is known as
   a. an immunity.
   b. an allergy.
   c. a disease.
   d. a migration.

10. In order to make a design line stay longer, clean the client’s skin with
    a. petroleum jelly.
    b. green soap.
    c. alcohol.
    d. baby wipes.

### ADVANCED PRACTICE MICROPIGMENTATION REFERENCES

- **Milady’s Aesthetician Series**
  - Permanent Makeup: Tips and Techniques-Pamela Hill Ed, 2007
    Milady
    5 Maxwell Drive
    Clifton Park, NY 12065
    (800) 347-7707
    [www.Milady.com](http://www.Milady.com)

- **Milady’s Standard Comprehensive Training for Estheticians Ed, 2003**
  Milady
  5 Maxwell Drive
  Clifton Park, NY 12065
  (800) 347-7707
  [www.Milady.com](http://www.Milady.com)

- **Salon Fundamentals, Cosmetology. 2006**
  Pivot Point International, Inc.
  Evanston, IL. 60201
  (800) 886-4247
  [www.pivot-point.com](http://www.pivot-point.com)

- **Milady’s Standard Cosmetology, 2008**
  Milady
  5 Maxwell Drive
  Clifton Park, NY 12065
  (800) 347-7707
  [www.Milady.com](http://www.Milady.com)

  Permanent Cosmetic Instructors Associates
  P.O. Box 453
  Tehachapi, California 93561
  (661) 822-1508
  [permanentcosmeticsinstructorsassoc.com](http://permanentcosmeticsinstructorsassoc.com)

- Society of Permanent Cosmetic Professionals
  - Fundamentals of Permanent Cosmetics 2007
  - From the Dirt to the Skin 2007
    - Elizabeth Finch-Howell
  - Color Information 1999
  - Permanent Cosmetics Equipment Manual 1999
  - Ten Year Journal 2002
  - 69 North Broadway
  - Des Plaines, IL 60016
  - Phone: 847-635-1330
  [www.spcp.org](http://www.spcp.org)

- **Permanent Makeup and Reconstructive Tattooing, 2003**
  Eleonora Habnitt, Anne Marie Glasheen
  4880 Lower Valley Rd.
  Atglen, PA 19310
  610-593-1777
  [www.schifferbooks.com](http://www.schifferbooks.com)

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Mosby’s Medical Dictionary Ed, 2006
[www.us.elsevierhealth.com](http://www.us.elsevierhealth.com)

Breast Book, Ed, 2004
Pat Pavik
[permanentcosmeticsinstructors.org](http://permanentcosmeticsinstructors.org)

Permanent Cosmetology Resource Manual
Connie Lord
[permanentcosmeticsinstructors.org](http://permanentcosmeticsinstructors.org)

Disease and the Safe Work Place for Permanent Cosmetics
[www.cosmeticspermanent.net](http://www.cosmeticspermanent.net)

Advanced Professional Skin Care, Ed, 2005
Peter T. Pugliese, MD

Cosmetic Tattoo Ed, 2006
Val Glover

Charles Zuerling, MD
[www.osha.gov](http://www.osha.gov)

NIC Infection Control and Safety Standards
National-Interstate Council of State Boards of Cosmetology

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**Answers**

1. d 5. b 9. b
2. d 6. b 10. c
3. b 7. d
4. d 8. b
NIC NATIONAL EXAMINATION REFERENCES

NIC Infection Control and Safety Standards
National-Interstate Council of State Boards of Cosmetology

NIC Cleaning and Disinfecting of Circulating and Non Circulating Tubs and Spa’s for All Industry Modalities
NIC, Inc., August 2007
www.nictesting.org

NIC NATIONAL BARBER STYLING EXAMINATION REFERENCES

Milady’s Standard Professional Barbering
5th Ed. 2011
Milady
5 Maxwell Drive
Clifton Park NY 12065-2919
www.milady.cengage.com

NIC NATIONAL BODY PIERCING EXAMINATION REFERENCES

Milady  Association of Professional Piercers (APP)
5 Maxwell Drive  P.O. Box 1287
Clifton Park, NY 12065-2919 Lawrence, KS 66044

The Piercing Bible: The Definitive Guide to Safe Body Piercing
Elayne Angel
2009
Random House/Crossing Press
http://www.infinitebody.com/shop/the-piercing-bible.html

NIC NATIONAL COSMETOLOGY EXAMINATION REFERENCES

CLiC INTERNATIONAL Cosmetology Career Concepts
2014
CLiC INTERNATIONAL
396 Pottsville / Saint Clair Highway
Pottsville, PA 17901
www.clicusa.com
NATIONAL ELECTROLOGY EXAMINATION REFERENCES

5 Maxwell Drive
Clifton Park, NY 12065
(800) 730-2214
www.Milady.com

*Electrolysis, Thermolysis, and the Blend
*The Principles and Practices of Permanent
*Hair Removal,
*9th ed., 1994
*Arroway Publishing

NATIONAL ESTHETICS EXAMINATION REFERENCES

*Milady’s Standard Esthetics: Fundamentals
2013, 11th Edition
Joel Gerson, Janet D’Angelo, Sallie Deitz et al
Milady
5 Maxwell Drive
Clifton Park NY 12065-2919

*Milady’s Standard Esthetics: Fundamentals
2009, 10th Edition
Joel Gerson, Janet D’Angelo, Sallie Deitz et al
Delmar
5 Maxwell Drive
Clifton Park NY 12065-2919
NIC NATIONAL AP ESTHETICS EXAMINATION REFERENCES

Milady Standard Esthetics: Advanced
2013, 2nd edition
Milady
5 Maxwell Drive
Clifton Park NY 12065-2919
www.milady.cengage.com

Milady’s Standard Esthetics: Fundamentals
2013, 11th Edition
Milady
5 Maxwell Drive
Clifton Park NY 12065-2919
www.milady.cengage.com

Skin Care Beyond the Basics
2012, 4th Edition
Milady
5 Maxwell Drive
Clifton Park NY 12065-2919
www.milady.cengage.com

NIC NATIONAL INSTRUCTOR EXAMINATION REFERENCES

McKeachie’s Teaching Tips: Strategies, Research, and Theory for College and University Teachers
Wadsworth
20 Davis Drive
Belmont, CA 94002-3098

McKeachie’s Teaching Tips: Strategies, Research, and Theory for College and University Teachers
Wadsworth
20 Davis Drive
Belmont, CA 94002-3098
NIC NATIONAL MANAGER EXAMINATION REFERENCES

Cosmetology Career Concepts
2014
CLiC INTERNATIONAL
396 Pottsville / Saint Clair Highway
Pottsville, PA 17901
www.clicusa.com

Cosmetology
Today’s Class Course eBook
2015
https://www.todaysclass.com/

Milady Standard Cosmetology
2016
Milady
20 Channel Center Street
Boston MA 02210
www.milady.cengage.com

Salon Fundamentals Cosmetology
Pivot Point International, Inc.
NATIONAL NAIL TECHNOLOGY EXAMINATION REFERENCES

Milady’s Standard Nail Technology
2011, 6th Edition
Milady
5 Maxwell Drive
Clifton Park NY 12065-2919
www.milady.cengage.com

Nail Technician
2007 2.1 Edition
Author: Randy Rick
CLiC INTERNATIONAL
396 Pottsville/Saint Clair Highway
Pottsville PA 17901
www.clicusa.com

Salon Fundamentals Nails – A Resource for Your Skin Care Career
2007, 10th printing, 1st Edition, June 2013
Pivot Point International, Inc.
World Headquarters
1560 Sherman Avenue, Suite 700
Evanston, IL 60201
800-886-4247
www.pivot-point.com

NATIONAL NATURAL HAIR STYLING EXAMINATION REFERENCES

CLiC INTERNATIONAL Cosmetology Career Concepts
2014
CLiC INTERNATIONAL
396 Pottsville / Saint Clair Highway
Pottsville, PA  17901
www.clicusa.com

Milady Standard Cosmetology
2016
Milady
20 Channel Center Street
Boston MA  02210
www.milady.cengage.com

Milady Standard Cosmetology
2012
Milady
5 Maxwell Drive
Clifton Park, NY  12065-2919
www.milady.cengage.com

Milady Standard Natural Hair Care and Braiding
2014
Milady
5 Maxwell Drive
Clifton Park, NY  12065-2919
www.milady.cengage.com

Salon Fundamentals Cosmetology
2014, 1st printing, 3rd Edition, September
2014
Pivot Point International, Inc.
World Headquarters
1560 Sherman Avenue, Suite 700
Evanston, IL  60201
800-886-4247
www.pivot-point.com

Salon Fundamentals Cosmetology
Pivot Point International, Inc.
World Headquarters
1560 Sherman Avenue, Suite 700
Evanston, IL  60201
800-886-4247
www.pivot-point.com

NIC NATIONAL TATTOOING EXAMINATION REFERENCES

Milady Standard Esthetics: Fundamentals
2013, Edition: 11
Milady
5 Maxwell Drive
Clifton Park, NY  12065-2919
www.milady.cengage.com

Procedure Manual
2013 Edition
Association of Professional Piercers (APP)
P.O. Box 1287
Lawrence, KS 66044
NIC INFECTION CONTROL AND SAFETY STANDARDS

DISINFECTION
~Prior to use on any client, all non-porous tools and implements or multi-use items must be cleaned **AND** disinfected. Items must be cleaned with soap and warm water or a chemical cleaner. The items must then be disinfected by complete immersion in an EPA registered, bactericidal, virucidal, fungicidal (*Formulated for Hospitals*) disinfectant that is mixed and used according to the manufacturer's directions. When allowed by state rule/law, disinfectant sprays **OR** wipes that are bactericidal, virucidal and fungicidal are acceptable forms of disinfection following proper cleaning of the item. **Note:** Porous items are considered to be single use items and can **NOT** be disinfected. These items are single use and are to be disposed of in the trash immediately after use.

~Tools, implements, and multi-use items **MUST** stay immersed or visibly moist with disinfectant for the entire contact time listed on the manufacturer's label to be effective.

~All disinfectant solutions must be mixed and changed per the manufacturer's instructions.

HAND WASHING
~Thoroughly wash hands and the exposed portions of arms with soap and water before providing services to each client and anytime hands become contaminated.

NAIL TECHNOLOGY
~Liquid Monomer containing Methyl Methacrylate (MMA) is prohibited for use during NIC National practical examinations.
~Due to the testing environment, NIC requires low odor/odorless nail products be used during the NIC National practical examinations.
NIC Blood Exposure Procedure

The following guidelines should be used if a blood exposure should occur during a service:

**Who is bleeding?**

**Client**
1. Stop Service.
2. Put gloves on.
3. If appropriate, assist client to sink and rinse the injured area under running water.
4. Pat dry with a new, clean, disposable towel.
5. Offer/apply antiseptic & adhesive bandage.
6. Place all single use items in a bag and place in a trash receptacle.
7. Remove all implements from station and properly clean and disinfect.
8. Clean and disinfect work area.
9. Remove and dispose of gloves.
10. Wash hands.
11. Return to service.

**Licensee**
1. Stop Service.
2. Explain the situation and excuse yourself from the service.
3. If appropriate, rinse injured area under running water.
4. Pat dry with a new, clean, disposable towel.
5. Apply antiseptic & adhesive bandage.
6. Put gloves on.
7. Place all single use items in a bag and place in a trash receptacle.
8. Remove all implements from the work area and properly clean and disinfect.
9. Clean & disinfect work area.
10. Remove and dispose of gloves.
11. Wash hands.
12. If necessary cover injured area with a protective finger cot or new glove.
13. Return to service.

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